“People are so brave. The human race is more valiant than we have any right to expect.”

— Dr. Katharine “Kitty” Felton
Contents

03 Table of Contents
04 Letter from the President & CEO
05 Letter from the Board Chair

08 History of Innovation
10 Felton Service Area & Program Sites
11 Felton by the Numbers

13 Life-Transforming Programs
14 Early Psychosis Programs
15 San Francisco Suicide Prevention

16 Statement of Financial Position
17 Statement of Activities
19 Funding & Spending

20 Volunteers & Community Partners
21 Board of Directors
23 Alameda County Open House
Letter from the President and CEO

Our Mission Unchanged and Our Vision Uncompromised:
As Felton approaches our 130th year of uninterrupted service, we can proudly state that we have held fidelity to our mission and our vision for the future has never been more focused on achieving our goal.

Felton’s Mission: To respond to human needs with cutting-edge social services and treatment that combine the best social science research with cultural sensitivity, a deep respect for the consumer, and a commitment to social justice.

Felton’s Vision: Effecting healthy, impactful individual and community change through innovative praxis, ongoing evaluation, evidence-driven adaptation, and community partnership.

It is remarkable that our workforce team of 700+ touches over 50,000 lives annually. We have over 60 programs serving consumers from birth to end-of-life, in eleven languages, and operating in five counties in northern California. These 18 service locations underscore our effort to support accessibility to those most in need. Equally important as the breadth of Felton’s services is the cultural sensitivity to the communities we serve, made possible through a workforce whose diversity reflects our consumers in both administrative and direct services staffing.

Despite our growth, there remain huge populations who need access to the services we provide in areas that represent critical frontiers for our community. Accordingly, we have accelerated our mental health and case management work in the criminal diversion program area and are poised to expand services to the formerly incarcerated who are re-entering the community. Over the past year, in addressing the case management needs of our unhoused clients, we have also been able to document our work in a way that informs the barrier removal process, leading to more systemic successes in stemming this regional concern. Our goal has been consistent, to provide the highest quality care to those who historically may not have had access to the extraordinary care Felton provides.

We do our work knowing that innovation and outstanding measurable outcomes are possible. Felton’s CIRCE digital case management system is currently used by 16 nonprofits who receive technical assistance from our very capable in-house technical team. Felton’s own use of CIRCE digital case management has been extended to include our expanding justice and homeless program areas, allowing us to manage the progress of our consumers with greater precision and review.

What 130 years of service has demonstrated for Felton, is that partnership is key to advancing our objectives and our sustainability. The merger of San Francisco Suicide Prevention into the Felton family of services enhanced both organizations’ ability to promote life sustaining services. Similarly, Felton’s new Alameda hub would not have been possible without the support of our bankers, board and generous donors, working together to affect Felton’s purchase of a 28,000 square foot building as our administration site in the city of Alameda. With our headquarters and service hub remaining in San Francisco, the new location allows for efficient expansion of our administration, research and training department, along with the addition of several local Alameda County services.

Indeed, it has been a very good year! The path chartered by our leaders, Bernard Mayes and Kitty Felton, has been expanded to meet the challenges of today.

- Al Gilbert | Felton Institute President and CEO
Letter from the Board Chair

I would like to think there has never been a more critical juncture in our society than now for the services and support that Felton Institute brings to the community. But of course, that is not the case. Over the many years of our Bay Area history, Felton has been on the front lines helping those most in need. Whether it was innovating the first foster care system in the West as a way of significantly reducing the unthinkable orphan infant mortality rate during the Gold Rush era or providing the first-of-its-kind employment bureau to find employment for the victims of the 1906 earthquake, Felton Institute has shown up to problem-solve in the moment and to innovate preventative care for the future.

On the eve of our 130th anniversary, Felton has never been more relevant. Our country, our state, and our city are facing some of the toughest, human-centered challenges of our collective experience: immigration, abortion, health care, gender and racial equality, LBGTQIA rights, and violence in our schools, to name only a few. Solutions to these issues are often a confusing mix of politics and economics that test our personal values and create feelings of uncertainty and anxiety across the nation. The Bay Area, in particular, is faced with a rapidly growing chasm of the “haves” and “have nots.” Business and residential rent on the rise, for-profit and non-profit alike are faced with challenges of competitive pay and employee retention as the middle class chooses to migrate somewhere more affordable. Not surprisingly, the combination of uncertainty and growing income disparity creates the perfect conditions for the rise of homelessness, drug use, suicide, and crime.

Felton Institute has played an unwavering role in the Bay Area community with over 60 social service and mental health programs dedicated to our community. And if there was ever a time of need, it is now. Over the past year, Felton has amplified its impact on areas of crisis. Whether it’s the expanded reach and efficacy of our Early Psychosis and bipolar programs, the deepening commitment to early childhood development and youth programs, or our actual team of engagement specialists connecting the homeless with critical services, Felton combines innovation and hard work to help individuals and families get the support they need.

In June, we welcomed the merger with San Francisco Suicide Prevention (SFSP). This esteemed organization has served people in crisis since 1962, opening its doors with only 6 volunteers. Just as Kitty Felton, Felton Institute’s first executive director, pioneered solutions for San Francisco’s infant mortality crisis, Bernard Mayes founded SFSP to address the growing suicide crisis among the gay community and established what became the first crisis hotline in the United States. With over 300 calls a day, SFSP supports all people in need through the Crisis Hotline, HIV/AIDS Nightline, grief counseling, and its youth and community outreach programs, handling over 82,000 calls across each of the lines, annually. The merger with Felton is a true benefit to our community; SFSP is now supported by a broader operational infrastructure and clients from both organizations have greater access to a continuum of care.

When we reflect on the determined, entrepreneurial spirits of leaders like Kitty Felton or Bernard Mayes, we find possibility for what seems impossible. Felton Institute does more than just serve those in need. It gives us hope and a path forward for a healthier, stable community and brighter future. Felton knows that every problem has a solution. And every opportunity is a chance for a new beginning.

With gratitude to the Felton employees, the Felton Board, and our committed donors. Thank you for showing up and making a difference every day.

- Amy Solliday | Felton Board Chair
“Children are the community’s first responsibility and everyone’s child is everyone’s concern.” — Dr. Katharine “Kitty” Felton
THE FELTON WAY

The Felton Way is dedicated to improving the quality of service provided at Felton, creating consistency across the agency, and unifying our approach in all services and care provided through Felton Institute. The seven values articulated below apply to the institute-at-large; in terms of delivering care and services of all types to the communities we serve in San Francisco and Northern California.

WELCOMING

When an individual encounters Felton, whether they seek services, are an employee or an associate in the community, they will be welcomed and made to feel safe. Those seeking services will be linked to a service provider who will help them describe their needs and the services they might require. Felton will then either provide services ourselves or ensure that they receive other services that are most appropriate for their needs.

STRENGTHS-BASED

All services, interactions, treatment interventions and practice models must build on the assets, skills, capabilities, cultural values, preferences and interests of Felton and the people with whom we interact with and serve, their families and the communities in which we live. Our practices will emphasize partnership both within the agency as well as between any outside individual and staff which will yield a careful understanding of people’s experiences, needs and goals.

CULTURALLY RELEVANT

All services, interactions, interventions and practice models must reflect the unique cultural attributes of the people with whom we work with and serve, their families and the communities in which we live. Culture, in this context, reflects the broadest definition possible.

TEAM IMPLEMENTED

All services, interactions, interventions and practice models will be implemented using a team approach. At a minimum, all agency interactions reflect a collaborative process between one another and the people we serve—including staff, community partners, treatment specialists, contracted service providers, clinicians, volunteers and peers (people with first person experience)–on the basis of equality and shared purpose.

RECOVERY-ORIENTED

All services, interactions, interventions and practice models must use a recovery-oriented approach. At its minimum, a recovery-oriented approach reflects a person-centered, strengths-based model of problem solving. It means we value a client-driven collaboration between staff and the people we serve. The potential of recovery-oriented services further acts to integrate the people we work with and the people we serve in the community to improve everyone’s quality of life.

FAMILY-ORIENTED

All services, interactions, interventions and practice models will be proactive in including and embracing the family as a whole unit. At a minimum, for those individuals who are isolated from their biological relatives for whatever reason, a family can be a friend, an important contact, or anyone defined as family by the person being served. We strive to listen to a family member’s input, experience, cultural values and desires, and when possible, do what we can to include the family unit in the services we provide.

ADVANCING THE FIELD

The people with whom we work and the people we serve have a right to the most productive work practices and service approaches available. Felton continually works to train our staff in the most effective methods of service and treatment. Individual work practices and treatment approaches will be guided by continuous feedback from outcome assessments. We choose to adopt practices when the outcomes are consistent with our overall mission and vision. Felton participates in research that helps advance an excellent work environment and the provision of excellent services in the community.
Felton Institute can trace its roots back to 1889. One hundred and thirty years later, Felton Institute remains the oldest nonsectarian, nonprofit social service provider in the city and county of San Francisco.

The organization is named for Dr. Katharine “Kitty” Felton, its dedicated and maverick director known for tirelessly working to help children and families in need. Kitty Felton believed in the mandate that San Francisco citizens in crisis must have access to social services and resources in order to help them build upon their inherent strengths and develop self-sufficiency.

1889 The agency, named Associated Charities of San Francisco, which later becomes Felton Institute, is founded as the first nonsectarian relief organization in the city of San Francisco.

1901 At the age of 28, Kitty Felton is named Executive Director of Associated Charities of San Francisco, a notable accomplishment for a woman at that time.

1902-1908 Kitty Felton organizes the Charities Endorsement Committee, laying the foundation for all future social work. This committee is the predecessor to the Chamber of Commerce.

1903 Felton establishes the Children’s Agency of San Francisco, a branch of Associated Charities and develops the first foster home system in California to address the high infant mortality rate. A great success, the foster parenting experiment brought San Francisco’s infant mortality rate to the lowest rate of any city of its size in the world.

1903 Kitty lobbies into existence a State Board of Charities and Corrections, the forerunner of the State Department of Social Welfare.

1906 Led by Kitty Felton, Associated Charities, directs the entire San Francisco Earthquake Relief Program, shifting the mission from advocacy to direct service.

1907 In the crucible of the earthquake and fire, Associated Charities develops innovative solutions that are common practice today, including the first-ever employment agency in the United States, mental health counseling, foster care, and combines public and private funds to allow single mothers to remain at home and care for their own children.

1908 Associated Charities establishes the Department of Unmarried Mothers and Their Babies, leading to the closure of “foundling asylums” and paving the way for improved and well-monitored foster care and adoption services.
Serving People in the Bay Area and Beyond

1909 Felton inaugurates the “San Francisco Model of Care” combining public and private funds to provide cost-effective social services, changing the way social services are provided nationwide.

1909 Associated Charities advocates for the establishment of well-baby clinics, for improved standards and practices for child labor, school attendance, industrial accident insurance, mental-health care, adoption, care of the handicapped, minimum wages for women and minors, and health services in public schools.

1922 As the Director of Associated Charities, Kitty organized the Community Chest, a forerunner to the United Way and the United Bay Area Crusade, in San Francisco.

1943 The Mother’s Aid Program—a forerunner to TAPP, Felton Institute’s current program for teenage parents—is developed and run through the Public Welfare Department.

1960 Felton expands its services to include job training, preventive programs, and counseling services.

1965 Felton launches the Foster Grandparent Program, providing low-income senior volunteers with training and stipends to give support and attention to children with special needs throughout San Francisco.


1981 Felton develops Teenage Pregnancy and Parenting Program (TAPP), a case management program for teenage parents. The state of California based its statewide model for addressing teen pregnancy.

1977 Our comprehensive services reach across all racial, ethnic, cultural, social and linguistic lines. We offer over 60 programs in 11 languages at multiple sites throughout San Francisco and the greater Bay Area.

Felton’s programs have been recognized as national models and have received the highest possible ratings from San Francisco’s Department of Public Health.

1981 With public and private support, new innovative, intensive treatment programs are initiated: Senior Peer Recovery Center, Moving Ahead Program for Youth, Comprehensive Adult Recovery and Engagement Program, Senior Full Service Wellness Program, Back on Track Program for Transitional Age Youth, and Young Family Resource Center.

2007 PREP, now known as (re)MIND®, a program of prevention and early intervention for youth on the brink of psychosis, is offered to the community through a partnership with UCSF. The new therapies offer, for the first time, the possibility of remission of mental illness when caught at an early stage.

2016 Deaf Community Counseling Services expands with an office in Fremont, CA.

2016 Felton’s Children, Youth and Family Division acquires three new early childhood education centers, Felton Learning Center in Visitacion Valley, Dr. Martin Luther King, Jr. Center and Sojourner Truth Center in Bayview-Hunters Point.

2017 Felton Early Psychosis Programs, (re)MIND® and BEAM, celebrate ten years in San Francisco and five years in San Mateo. Felton receives a proclamation from Mayor Rick Bonilla on May 25, 2017, for providing innovative mental health services to people and their families in San Mateo.

2017 Felton Research & Training Division is selected for Mental Health Block Grant (MHBG) and is invited to participate in the MHBG 10% Early Intervention Study sponsored by the Substance Abuse and Mental Health Services Administration and National Institute of Mental Health.

2018 The Older Adult Service Team (OAST) opens its newest location in San Leandro to provide comprehensive clinical case management and psychiatric services for older adults in Alameda County.

2019 San Francisco Suicide Prevention (SFSP) merges into Felton Institute to broaden the range of mental health and social services offered across the city and to strengthen suicide prevention within Felton’s established programs.
Felton Service Area & Program Sites

Felton Institute, Felton Early Psychosis Programs and BEAM operate eighteen program sites and offices across the Bay Area.

San Francisco Locations:
- Felton Main Office, 1500 Franklin St @ Bush St (Cathedral Hill, SF)
- 601 Van Ness Ave @ Turk Street (Opera Plaza – Civic Center, SF)
- 1099 Sunnydale Ave @ Rey St (Visitacion Valley, SF)
- 548 Delta St @ Leland St (Visitacion Valley, SF)
- 66 Raymond Ave (Visitacion Valley, SF)
- 1 Cashmere St (The Bayview, SF)
- 200 Cashmere St (The Bayview, SF)
- 2730 Bryant Street @ 25th Street (Mission District, SF)
- 6221 Geary Blvd, 2nd Floor @ 26th Avenue (Outer Richmond District, SF)
- San Fransisco Suicide Prevention (SFSP), SF

East Bay Locations:
- Felton Main Office, 1005 Atlantic Ave (Alameda)
- 14895 E 14th St @ Hesperian Blvd (San Leandro)
- 13847 E 14th St, #205 @ Hesperian Blvd (San Leandro)
- 22971 Sutro St, Suite B @ Meek Ave (Hayward)
- 39500 Stevenson Pl, Suite 15 @ Mission Blvd (Fremont)

South Bay & Monterey County Locations:
- 1108 South El Camino Real @ Avila Road (San Mateo)
- 11 Quail Run Cir (Salinas)

Marin County Locations:
- 361 3rd St @ Union St (San Rafael)
Felton by the Numbers

DIVERSE DEMOGRAPHIC
Our community embodies cultural, economic, social, and ethnic diversity. 70% of our clients are at the poverty level, and about 65% are of ethnic or racial minorities.

LANGUAGE ACCESS
Felton Institute responds to the call by offering 60 programs in 11 languages, combining evidence-based practices with cultural sensitivity and deep respect for those we serve.

EARLY PSYCHOSIS PROGRAM
The Felton Early Psychosis Programs currently operate in five counties, serving over 250 clients per year. It is the largest community-based schizophrenia treatment program in the USA.

PROGRAM SITES & OFFICES
Operations and programs are spread over five counties: Alameda, Marin, Monterey, San Francisco, and San Mateo, responding to the belief that those in crisis must have access to social services.

FEMALE CLIENTS
Over 50% of the population Felton Institute serves are female, offering equal opportunity for women to build on their inherent strengths and develop self-sufficiency.

LOW INCOME OUTREACH
Too often low income people are dealing with complex social and emotional challenges. Felton offers a comprehensive network of support for this community.

SIX SEPARATE DIVISIONS
Felton Institute consists of six divisions: Adult ∙ Children, Youth and Family ∙ Senior ∙ Felton Early Psychosis ∙ Felton Training & Research ∙ San Francisco Suicide Prevention

WIDE ARRAY OF SOCIAL SERVICES
Our services are comprehensive with an emphasis on the needs of low-income families, children, the elderly, and people living with mental and physical disabilities.
Felton Institute responds to human needs by providing cutting-edge, evidence-based mental health and social services that transform lives.
Felton Training and Research

Felton Training and Research offers professional development and behavioral health training for providers in a variety of Evidence-Based Practices (EBPs) with Motivational Care Management (MCM), Motivational Interviewing (MI), and Cognitive Behavioral Therapy for Psychosis (CBTp), and other best practices for the social service environment.

Felton Early Psychosis Programs (re)MIND®

In 2006, Felton partnered with a pioneering group of researchers from UCSF. The result was (re)MIND®, formerly known as Felton’s Early Psychosis Programs, an innovative, strengths-based treatment model for community settings with a mission to effectively remit schizophrenia.

Our Life-Transforming Programs

Children, Youth and Family Division (CYF)

CYF provides comprehensive early care and education inclusion in early intervention services for children birth to six years old and for families. Young parents have a wide range of social services available to them.

Programs Include:
- Child Care Food Program (CACFP)
- Developmental Education and Parenting Program (DEPP)
- Early Care & Education Programs (ECE)
- Family Developmental Center
- Felton Learning Center
- Martin Luther King, Jr. Center
- Sojourner Truth Center
- Felton Early Autism Program (FEAP)
- Full Circle Family Program (FCFP)
- Healthy Families, Healthy Lives “Familias Sanas, Vidas Sanas” Wellness Program
- Infant Development Program (GGRC)
- Medically Fragile Infant/Toddler/Preschool Program (MOLERA)
- Realizing Employment and Creating Hope (REACH)
- Teenage Pregnancy and Parenting Program (TAPP)
- Teen Resources to Achieve Positive Practices (T-RAPP)
- Young Family Resource Center (YFRC)

Adult Division

Adult Division responds by placing special emphasis on the needs of low-income individuals and families, people living with disabilities, including those suffering from substance abuse, and in assisting with justice-related issues.

Programs Include:
- Deaf Community Counseling Services (DCCS)
- Early Crisis Intervention and Eviction Assistance (EAP)
- Felton Engagement Specialist Team (FEST)
- Felton Institute/Family Service Agency of San Francisco’s Works Program
- Full Service Partnership—Adult Care Management Program (FSP-ACM)
- Full Service Partnership—Comprehensive Adult Recovery and Engagement Program (FSP-CARE)
- Full Service Partnership for Transitional Age Youth (TAY)
- Law Enforcement Assisted Diversion Program (LEAD SF)
- Promoting Recovery and Services for the Prevention of Recidivism (PRSPR)
- Reconnecting All Through Multiple Pathways (RAMP)
- San Francisco Suicide Prevention (SFSP)
- Young Adult Court (YAC)

Senior Division

Senior Division addresses the special needs of our community’s most vulnerable and fragile aging population. Our programs are designed to meet a wide range of needs, while allowing seniors to age in place with dignity.

Programs Include:
- Case Management for Older Adults and Adults with Disabilities
- Community Integration Services/Older Adult Day Support Center
- Community Liaisons Program at the DAAS Service Hub
- Community Services for Seniors and People with Disabilities at 66 Raymond, Visitacion Valley
- Economic Security Center for Older Adults (ESC)
- Foster Grandparent Program (FGP)
- Geriatric Outpatient Mental Health Services
- LGBTQ Seniors
- Long-term Care Ombudsman Program
- Older Adult Service Team (OAST)
- Senior Companion Program (SCP)
- Senior Community Service Employment Program (SCSEP)
- Senior Full Service Wellness Program (Mental Health Act)
- Visitacion Valley Senior Health & Wellness

BEAM and BEAM UP®

BEAM is transforming the treatment of recent-onset bipolar and other mood disorders by intervening early with evidence-based, culturally competent assessment, diagnosis and interventions. The programs introduce the client and their families to skills that help manage the episodic nature of the disorders.
Transforming Lives and Restoring Stability

Felton Early Psychosis Programs, (re)MIND®, BEAM and BEAM UP®

Felton Early Psychosis Programs, renamed in 2018, are now known as (re)MIND®. Individuals and families touched by the symptoms of chronic psychosis continue to receive the highest level of community-based, evidence-based comprehensive early psychosis programs and treatment grounded in wellness, recovery and resilience from our locations in four Northern California counties: San Francisco, Alameda, Monterey and San Mateo.

(re)MIND® was conceived in 2006 when Felton Institute partnered with a pioneering group of researchers at the University of California San Francisco to review effective new approaches to schizophrenia being developed by researchers around the world that were not yet reaching patients. They identified five practices with proven results in treating early psychosis and wove them together into an evidence-based suite of services designed to achieve synergy from their cumulative impact. By 2008, the program now known as (re)MIND® had launched with a vision to effectively and stably remit schizophrenia.

For more than a decade, the Felton (re)MIND® program has continued to provide the full spectrum of prevention, early detection and treatment, for individuals ages 14-35 who are at high risk of experiencing psychosis or have experienced psychotic symptoms within the previous two years related to a diagnosis of schizophrenia spectrum disorder.

A clear intervention model, the (re)MIND® program consists of comprehensive training and continuous quality improvement; fidelity monitoring, which includes compliance with model and evidence-based practices; documentation and evaluation standards; and outcome accountability. Additionally, Felton Early Psychosis Model monitors data to measure participant outcomes.

In conjunction with (re)MIND®, the BEAM program serves individuals experiencing early signs and symptoms of bipolar disorder or mood disorders with psychotic symptoms. The Felton Early Psychosis Programs recently expanded with the newest early psychosis program BEAM UP®. In total, (re)MIND®, BEAM and BEAM UP® serve approximately 350 individuals each year.

### Symptom and Functional Improvement After One Year in Treatment

<table>
<thead>
<tr>
<th>Symptom Category</th>
<th>Improvement Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disturbances (hallucinations)</td>
<td>65%</td>
</tr>
<tr>
<td>Unusual Thinking (delusions)</td>
<td></td>
</tr>
<tr>
<td>Behavioral Changes (lack of motivation, social withdrawal)</td>
<td>75%</td>
</tr>
<tr>
<td>Cognitive Deficits (diminished speech, impaired attention)</td>
<td>75%</td>
</tr>
<tr>
<td>Living Skills</td>
<td>41%</td>
</tr>
<tr>
<td>Trauma-Related Coping</td>
<td>51%</td>
</tr>
<tr>
<td>Sustained Employment</td>
<td>52%</td>
</tr>
<tr>
<td>Residential Stability</td>
<td>65%</td>
</tr>
</tbody>
</table>
San Francisco Suicide Prevention

San Francisco Suicide Prevention has merged into Felton Institute, uniting two of San Francisco’s oldest agencies. We are pleased to expand the capacity of our service continuum so that we can provide ever expanding innovative, life-transformative mental health programs to those in need.

For 130 years, Felton Institute has been historically known as an innovator, developer of programs and creator of policies focused on mental health and social services to benefit people of all ages, races, ethnicities and genders in San Francisco, the state of California, the U.S. and abroad. Our northern California community embodies cultural, economic, social and ethnic diversity offering more than 60 mental health and social services programs in 11 languages which are offered at multiple sites throughout San Francisco and the greater Bay Area.

San Francisco Suicide Prevention (SFSP), for the past 57 years, has provided emotional support, education, assistance and intervention as necessary to all persons in crisis and those impacted by them to reduce suicides and self-destructive behaviors. SFSP is the oldest community-based telephone crisis center in the United States. In addition, SFSP provides community and youth outreach, peer workforce support services for mental health professionals and grief support. SFSP has grown from local to national reach by training volunteers who provide suicide prevention and crisis intervention services to callers in over 500 other crisis centers across the U.S., and has been widely featured in the media, locally, nationally and internationally. Both agencies have long traditions of executing life enhancing programs that strengthen communities; coming together with unique experiences unified around a shared commitment to save and improve lives, the merger will strengthen both agencies’ core services through partnership. Together, we anticipate that our combined resources will have even greater impact in the years to come.

With enormous respect for the agency’s achievements and local and national impact, Felton is excited to bridge the gap for people who reach out to SFSP for help by offering those in need a broader range of mental health and social services across San Francisco. In turn, the merger is an opportunity to strengthen suicide prevention within Felton’s range of services and programs.

Felton and SFSP share similar core values, aligned missions and a commitment to providing innovative mental health and social services to people in great need. With our unique strengths, we believe we can deepen and scale our impact.

As we celebrate 130 years of providing mental health and social services, we can look back at our many accomplishments with pride. Looking toward the future, together, Felton Institute and San Francisco Suicide Prevention have many more opportunities to be a beacon of hope for suicide prevention and to deliver, enhance and expand our core services and ultimately transform and save lives.

Impacting Our Community and Our Nation

150 Active volunteers annually

300 Client calls every single day

500 Crisis centers across the U.S. trained by SFSP

70,000 Client calls annually
# Statement of Financial Position

**JUNE 30th**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investments, cash and cash equivalents</td>
<td>1,154,310</td>
<td>1,448,408</td>
</tr>
<tr>
<td>Receivables and prepaid expenses</td>
<td>4,493,636</td>
<td>3,107,367</td>
</tr>
<tr>
<td>Property and equipment</td>
<td>3,249,112</td>
<td>2,986,681</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$8,897,058</strong></td>
<td><strong>$7,542,456</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable, accrued liabilities, lines of credit and notes payable</td>
<td>6,882,901</td>
<td>5,748,606</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td><strong>$6,882,901</strong></td>
<td><strong>$5,748,606</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NET ASSETS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>1,544,123</td>
<td>1,493,302</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>470,034</td>
<td>300,548</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>$2,014,157</strong></td>
<td><strong>$1,793,850</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TOTAL LIABILITIES AND NET ASSETS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>$8,897,058</strong></td>
<td><strong>$7,542,456</strong></td>
</tr>
</tbody>
</table>
Statement of Activities

<table>
<thead>
<tr>
<th>JUNE 30th</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fees from government agencies</td>
<td>22,733,727</td>
<td>21,139,126</td>
</tr>
<tr>
<td>Contributions</td>
<td>773,425</td>
<td>629,884</td>
</tr>
<tr>
<td>Program service fees</td>
<td>374,492</td>
<td>557,500</td>
</tr>
<tr>
<td>Rental income</td>
<td>152,838</td>
<td>152,838</td>
</tr>
<tr>
<td>In-kind contributions</td>
<td>113,032</td>
<td>110,832</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>217,617</td>
<td>55,647</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE AND SUPPORT</strong></td>
<td><strong>$24,365,131</strong></td>
<td><strong>$22,645,827</strong></td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>19,431,945</td>
<td>17,772,256</td>
</tr>
<tr>
<td>Support services</td>
<td>4,712,879</td>
<td>4,760,205</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$24,144,824</strong></td>
<td><strong>$22,532,461</strong></td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS</strong></td>
<td><strong>$220,307</strong></td>
<td><strong>$113,366</strong></td>
</tr>
</tbody>
</table>
Felton Institute has accomplished so much with the generous funding invested in us. Growth and accomplishments listed here are only a small sampling.

2008
(re)MIND® (formerly known as Felton Early Psychosis Programs), a program of prevention and early intervention for youth on the brink of psychosis, is offered to the community through a partnership with UCSF. The new therapies offer, for the first time, the possibility of remission of mental illness when caught at an early stage.

2012
Felton early psychosis programs awarded Center for Medicaid and Medicare three-year grant; programs expand to San Joaquin and Monterey Counties.

2013
Felton receives $1.5 million research award from PCORI (Patient-Centered Outcomes Research Institute), a nationally-recognized institute from Washington, D.C.

2014
BEAM program opens in San Francisco and San Mateo. (re)MIND® receives National Behavioral Council’s Science to Service Award.

2016
Deaf Community Counseling Services expands with an office in Fremont, CA offering innovative mental health and case management services and academic support for Deaf, Hard-of-Hearing, Late Deafened, Deaf-Blind people and their families.

2016
Felton’s Children, Youth and Family Division acquires three new early childhood education centers—Felton Learning Center in Visitacion Valley, Martin Luther King, Jr. Center and Sojourner Truth Center in Bayview-Hunters Point.

2017
Felton Early Psychosis Programs, (re)MIND® and BEAM, celebrate ten years in San Francisco, Alameda, and Monterey Counties and five years in San Mateo influencing the treatment of mental health, transforming lives and serving people in need. Felton receives a proclamation from Mayor Rick Bonilla on May 25, 2017, for providing innovative mental health services to people and their families in San Mateo.

2017
Felton Research & Training Division is selected for Mental Health Block Grant (MHBG) and is invited to participate in the MHBG 10% Early Intervention Study sponsored by the Substance Abuse and Mental Health Services Administration and National Institute of Mental Health. The three-year study is focused on how Coordinated Specialty Care programs for first-episode psychosis increases access to essential services and improved client outcomes such as symptom severity, employment, education and quality of life.

2018
The Older Adult Service Team (OAST) opens its newest location in San Leandro to provide comprehensive clinical case management and psychiatric services for older adults in Alameda County living with mental health concerns, including substance abuse, to help them maintain independence and dignity while aging in place.

2019
San Francisco Suicide Prevention (SFSP) merged into Felton Institute, allowing two of the oldest organizations in San Francisco to broaden the range of mental health and social services offered across the city and to strengthen suicide prevention within Felton’s established programs.
### Investing in Health, Generations and Futures

#### FUNDING

- **July 2018 - June 2019**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Government</td>
<td>$3,830,235</td>
</tr>
<tr>
<td>Local Government</td>
<td>$17,652,094</td>
</tr>
<tr>
<td>Federal Government</td>
<td>$1,251,398</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>$113,032</td>
</tr>
<tr>
<td>Rental and Misc Income</td>
<td>$370,307</td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>$374,492</td>
</tr>
<tr>
<td>Contributions</td>
<td>$773,725</td>
</tr>
</tbody>
</table>

#### SPENDING

- **Functional Expenses**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Psychosis</td>
<td>13%</td>
</tr>
<tr>
<td>Adult Services</td>
<td>15%</td>
</tr>
<tr>
<td>Management and General</td>
<td>20%</td>
</tr>
<tr>
<td>Elder Services</td>
<td>21%</td>
</tr>
<tr>
<td>Children, Youth, and Family</td>
<td>28%</td>
</tr>
<tr>
<td>Training and Research</td>
<td>3%</td>
</tr>
</tbody>
</table>

---
We Couldn’t Do It Without You!

We really appreciate and value the contributions of all of our mentors, donors, and corporate allies.

Thank you for the hours volunteered by our 2018-2019 COMMUNITY PARTNERS who participated with their generous commitment of volunteer time and enthusiasm and for supporting our programs.

Community Partners
Board of Directors

Yasmine Rafidi
BOARD MEMBER
Associate Director, Commercial FP&A
Adamas Pharmaceuticals, Inc.

Michael Orias
BOARD MEMBER
Salesforce Project Manager
Chevron Federal Credit Union

Susan Bobulsky
BOARD MEMBER
Vice President, Commercialization
Adaptive Biotechnologies

Dr. H. Westley Clark
BOARD MEMBER
Dean’s Executive Professor of Public Health
Santa Clara University

Amelia Morris
BOARD MEMBER
Director
Brandes Investment Partners, L.P.

Peter Rojo
BOARD MEMBER
AVP, Business Systems Consultant
Wells Fargo

Christopher Seaman
BOARD MEMBER
Growth & Monetization Lead
Dropbox

Alefiyah Shambhoora
BOARD MEMBER
Senior Strategy Manager
Genentech

Darren Skolnick
BOARD MEMBER
Vice President, Internal Audit
Verity Health System

Sandra L. Smith
BOARD MEMBER
Administrative Law Judge (Retired)
State of California, CUIAB

Matthew H. Snyder
BOARD MEMBER
Senior Vice President
Internal Audit, Compliance and Risk Management
Centene Corporation

Committees of the Board of Directors Key

Finance Committee
Governance Committee
Development Committee
Program Committee
“Social work requires an unswerving belief in the possibility of inspiring a life to work out its problems with the help of the inner forces it possesses.” — Dr. Katharine “Kitty” Felton
Felton Receives Warm Alameda Open House Welcome

The City of Alameda enthusiastically welcomed Felton Institute to its new Alameda site with a day of celebration. Alameda Mayor Marilyn Ezzy Ashcraft, Deputy Chief of Staff and Policy Director for Supervisor Wilma Chan Vanessa Cedeno and Alameda Chamber of Commerce President Michael McDonald spoke at a lively ribbon cutting ceremony attended by guests from local businesses, community members, partners, Felton board members and staff and non-profit agencies. More than 100 guests and employees supported and participated at the event.

Open House highlights included poster presentations, building tours and a walk down the history hall featuring photos of Felton’s legacy of service. In her speech before the ribbon-cutting ceremony, Mayor Ashcraft said, “the services Felton provides are invaluable, especially during the challenging times we are currently facing. I am in awe of the over 100-year history. I am looking forward to learning about that, and having Felton Institute in Alameda...it will benefit our residents and also the people from across Alameda county because we work collaboratively.”

Board chairman of the Alameda Chamber of Commerce Michael McDonough presented Felton Institute with a membership plaque at the event. Vanessa Cedeno presented a certificate of commendation saying, “Felton has done tremendous work and the personal stories of the staff and history speak to the commitment to providing service and ensuring access to all in need.”

The Open House program was hosted Felton CFO/COO Marvin Davis and COO of CYF and TAY Services Yohana Quiroz, who shared their personal stories that have inspired their years of work at Felton. Felton President and CEO Al Gilbert provided a warm welcome to all and drew laughs when he joked that he taught the program salsa dancers, the Purple Parsleys, some steps.

Director of Felton’s Early Psychosis Division Adriana Furuzawa, Director of Business Development Dr. Robin Ortiz, and Senior Division Director Cathy Spensley provided a preview of the program information that guests would receive during the afternoon. In the patio area, the R&B band AM/PM entertained guests, and upstairs, Marivel Mendoza provided a free salsa dance lesson.

Felton moved some of its administrative offices to its Alameda address at 1005 Atlantic Avenue in February of 2019 and other services to the site later in the year. Before Felton purchased the building, it was previously occupied by Argosy University. We thank everyone who contributed to the success of the Open House through attendance or service.